



The MD Factor Diet: A Physician's Proven Diet for Metabolism Correction and Healthy Weight Loss

Caroline Cederquist

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Are you finding that weight is easy to gain and hard to lose? It's not your fault!

Over 89 percent of people struggling to lose weight have a metabolism dysfunction called the **MD Factor**. That's approximately 150 million Americans suffering from this condition, and most do not even know it. The breakthrough concepts in *The MD Factor Diet* isolate metabolism dysfunction as the reason why millions of Americans cannot succeed in losing weight. Over the course of your lifetime, changes occur in your body's chemistry that can reverse your ability to lose weight. There's a way to reclaim your health: the doctor-approved plan detailed in this book.

The MD Factor Action Plan outlined by Dr. Caroline J. Cederquist helps you:

Correct metabolism for lifetime weight loss

Improve cholesterol and blood pressure

Enhance sleep quality and boost energy

Reduce cravings for sweets and starches

Regulate blood sugar

Dr. Cederquist will help you identify whether you have metabolism dysfunction and also give you the proper action plan to reverse it—with quick results. Achieve a more energized, lighter, and healthier you in just two weeks with *The MD Factor Diet*.

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