

The Meat Lover's Meatless Celebrations: Year-Round Vegetarian Feasts (You Can Really Sink Your Teeth Into)

Kim O'Donnel



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Kim O'Donnel knows meat eaters. In fact, she is one. As a voice for the Meatless Monday campaign, she's been cooking up delicious you-won't-miss-the-meat fare for the vegetarian-curious-but-vegan's-too-crazy crowd. With a focus on holidays (or any celebration), O'Donnel's versatile recipes ensure that eaters of all dietary stripes will leave the table satisfied. Cast aside those fears of cardboard tofurkey and gray starches. Instead, revel in dishes that inspire, surprise, and are so tasty, "meatless" is an afterthought (with allergy- and animal- free options, to boot).

"I can't think of amore cordial or welcoming tone with which to invite possibly skeptical meat eaters into the world of delicious, accessible plant-based cooking."—Mollie Katzen, author of Moosewood Cookbook



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