



I Want My Epidural Back: Adventures in Mediocre Parenting

Karen Alpert

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Now that I'm a mom, I know the most painful part isn't getting something giant through your hooha. It's having a real live child.

If you are the kind of mom who shapes your kiddo's organic quinoa into reproductions of the Mona Lisa, do not read this book. If you stayed up past midnight to create posters for your PTO presidential campaign, do not read this book. If you look down your nose at parents who have Domino's pizza on speed dial, do not read this book.

But if you are the kind of parent who accidentally goes ballistic on your rugrats every morning because they won't put their shoes on and then you feel super guilty about it all day so you take them to McDonald's for a special treat but really it's because you opened up your freezer and panicked because you forgot to buy more frozen pizzas, then absolutely read this book.

I Want My Epidural Back is a celebration of mediocre parents and how awesome they are and how their kids love them just as much as children with perfect parents. Karen Alpert's honest but hilarious observations, stories, quips and pictures will have you nodding your head and peeing in your pants. Or on the toilet if you're smart and read it there.

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Christi Potter:

People live in this new time of lifestyle always make an effort to and must have the spare time or they will get large amount of stress from both way of life and work. So , when we ask do people have extra time, we will say absolutely indeed. People is human not only a robot. Then we ask again, what kind of activity are you experiencing when the spare time coming to an individual of course your answer will certainly unlimited right. Then do you try this one, reading publications. It can be your alternative throughout spending your spare time, often the book you have read is usually I Want My Epidural Back: Adventures in Mediocre Parenting.

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