



The Inner Game of Music (2 Hours) DVD

Barry Green, Timothy W. Gallwey

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Inner Game of Music, The (2 hours) by Barry Green / W. Timothy Gallwey 1998 In precise, easy-to-understand language, Green and Gallwey explain how innate skills can be nurtured and enhanced to help every musician overcome obstacles, improve concentration, and reduce nervousness-thus paving the way for heightened performance. Special exercises focus on how players can achieve precise intonation, artistic phrasing, and improved technique. Also included are chapters on ensemble playing, improvisation, composition, and creativity.

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