



Beautiful Already - Women's Bible Study Participant Book: Reclaiming God's Perspective on Beauty

Barbara L. Roose

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“I’m so fat.” “I don’t like my nose.” “I wish I was taller.” Our dissatisfaction with what we see in the mirror is what Barbara Roose calls our ugly struggle with beauty. It’s a struggle that negatively affects not only our self-image and self-esteem but also our relationships with God and others. What is the answer? We desperately need to regain God’s perspective on beauty.

During this six-week Bible study, women will unpack the beliefs or experiences that are holding them hostage. Together they will explore God’s truth about beauty throughout the Scriptures, digging into passages in both the Old and New Testaments and applying the truths in their lives. They will move away from over-focusing on unrealistic expectations and perceived flaws toward God’s viewpoint of their hearts, minds, bodies and souls. As women make this journey, they will:

- Be set free from the trap of comparison and self-ridicule
- Become comfortable in their own skin
- Reach beyond themselves to encourage and support other women

By learning to see the goodness, blessing, and purpose for their bodies no matter their size, shape, or style, women will overcome discontent and comparison and learn to live fully as the beautifully unique creations God designed them to be.

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James Marcotte:

A lot of people always spent their particular free time to vacation or maybe go to the outside with them household or their friend. Do you know? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity that's look different you can read the book. It is really fun for you personally. If you enjoy the book that you simply read you can spent the whole day to reading a book. The book Beautiful Already - Women's Bible Study Participant Book: Reclaiming God's Perspective on Beauty it is very good to read. There are a lot of folks that recommended this book. These folks were enjoying reading this book. When you did not have enough space to deliver this book you can buy the e-book. You can m0ore effortlessly to read this book from your smart phone. The price is not too costly but this book possesses high quality.

Scott Ridgway:

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John Burns:

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