



Growing Up Again: Life, Loves, and Oh Yeah, Diabetes

Mary Tyler Moore

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Mary Tyler Moore, actress and activist, relates the highs and lows of living with type 1 diabetes for the past forty years. With inspired, well-crafted prose, she drills down to the most heartfelt, yet universal truths about life—including the lives of those with diabetes. She unflinchingly chronicles her struggle with diabetes, as well as her successful rehabilitation from alcohol dependence, all while deriving gratification from her roles as an actress, mother, businesswoman, campaigner, and fund-raiser.

Her revealing tales of both her successes and failures in coping with diabetes offer others with the disease guidance and inspiration through example. In *Growing Up Again*, stories include her rebounding from a low-blood-sugar episode during a *Mary Tyler Moore Show* script reading after the director poured orange juice down her throat, to misadventures caused by diabetes-related vision impairment at a dimly lit party for John Travolta. This is both an inspiring memoir and an invaluable resource for the latest information on treatment and possible cure of this disease.

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