



Posttraumatic Stress Disorder: From Neurobiology to Treatment

J. Douglas Bremner

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Posttraumatic Stress Disorder: From Neurobiology to Treatment presents a comprehensive look at this key neuropsychiatric disorder. The text examines the neurobiological basis of post-traumatic stress and how our understanding of the basic elements of the disease have informed and been translated into new and existing treatment options.

The book begins with a section on animal models in posttraumatic stress disorder research, which has served as the basis of much of our neurobiological information. Chapters then delve into applications of the clinical neuroscience of posttraumatic stress disorder. The final part of the books explores treatments and how our basic and clinical research is now being converted into treatment.

Taking a unique basic science to translational intervention approach, *Posttraumatic Stress Disorder: From Neurobiology to Treatment* is an invaluable resource for researchers, students and clinicians dealing with this complex disorder.

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