



Beyond Consequences, Logic, and Control, Vol. 2

Heather T. Forbes

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We are living in one of the most stressful times in human history. This abundance of stress is impacting families and in many cases, manifesting itself in children with difficult and severe behaviors. Homes often turn into intense fighting grounds of power struggles and control battles parents find themselves in us against them scenarios with their children. Tension continually builds and before long, parents are feeling completely overwhelmed, powerless, and resentful of their children. As parents implement traditional parenting techniques, parenting in a way that most parenting books recommend, they find their situations becoming worse, not better as promised these resources. It doesn't have to be this way! Heather T. Forbes, LCSW, offers families a new view to parenting children with difficult and severe behaviors. As a parent herself who experienced dark days (and years) following the adoption of her two children, she offers a ground-breaking approach to parenting that shows parents a proven way to develop strong and loving relationships with their children. In her new book, *Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children with Severe Behaviors, Volume 2*, Heather offers practical and effective solutions based in scientific research, coupled with professional and personal experience. She is a master at bridging the gap between academic research and real life when the rubber hits the road parenting. This book is written in an easy to understand and easy to grasp format for anyone working with or parenting children with difficult or severe behaviors. The first six chapters discuss the principles of her love-based parenting paradigm. A new understanding of why traditional parenting techniques are ineffective with children with difficult behaviors is given, along with clear and concise explanations of the science behind trauma and negative early life experiences. The next seven chapters address specific behaviors, including poor social skills, homework battles, demanding behaviors, self-injury, defensive attitudes, no conscience, and chores. Each chapter gives specific examples of how to implement her parenting principles, empowering parents to make amazing and permanent changes in their homes. All the examples given throughout these chapters are true stories provided by parents who read and implemented her first book, Volume 1. The book ends with a parenting bonus section where more real-life stories from real-life parents with real-life children are given. These examples range in the spectrum of the ages of the children and a variety of behavioral issues. This book offers hope and healing. It goes beyond just changing a child's behaviors but goes to the level of healing for all family members. This book has the power to literally change families for life and to help families find the peace in their homes that they dreamed of from the beginning--and the peace they deserve!

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