



Fresh Food and Ancient Wisdom - Preparing Healthy & Balanced Meals for your Dogs

Ihor John Basko

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As health-oriented people incorporate organic and natural foods into their meal-planning, why not do the same for our beloved dogs?

It is widely known that changes in diet, exercise and lifestyle can improve the quality of human life. Many people today are incorporating organic and natural foods into their diet and are aware of the healing properties of foods. Why treat our dogs differently?

In *Fresh Food and Ancient Wisdom*, longtime veterinarian Ihor John Basko offers a simple guide to improving your dog's health and happiness through balanced diets filled with natural, organic and fresh ingredients. With more than 35 years of study in animal nutrition and Traditional Eastern Asian Medicine, Dr. Basko is an expert in the area of dog nutrition.

Fresh Food and Ancient Wisdom, filled with easy-to-make recipes for all types of dogs in all stages of life, explains why diet change is one of the most important gestures we can make for our pets. Dr. Basko addresses the needs of dogs with specific problems by creating supportive diets through the use of "healing foods" based on Traditional Eastern Medicine food therapy.

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