

The 21 Basic Rules Of Happiness: BOOK SUMMARY

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Get The Book That Can Be Your Go To Reference Guide On Basic, Fundamental, Rules For Leading A More Happier Life.

The regular price for this Kindle Book is \$4.99. However, you can download it today for less!

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This book contains what many experts agree are 21 basic *do's* and *don'ts* in our day to day lives. Whether interacting with other people like your relationship, family, co-workers, etc. And for dealing with yourself.

This book is not some new age philosophy with a lot of brand new terms, new ways of thinking, feeling, and concepts, that you'll need to learn.

Theses are basic rules for life that you may have heard before. May already know some them. However, we all need to be constantly reminded of. Because the majority of us simply fail to follow them.

It is true that happiness is a choice. But you have to practice it daily. And this guide was created to help us all do that. Just read through it. Then have it with you for quick access as a reminder.

21 Basic Rules For Happiness Will Help You To:

* Change Your Attitude

* Be More Grateful

* Love Yourself More

* Be More Social

* Enjoy The Simple Moments

* Inspiration Quotes

* And Much More

What makes this book unique compared to the other kindle books on the same subject is that it provides all the important information. However, it is not a 300 page college textbook, with excess information, that will require a large commitment of time just to read through it all.

It gives you the information, and tools, you need to live the life you want.

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Marie Michael:

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James Thrasher:

Playing with family in the park, coming to see the ocean world or hanging out with buddies is thing that usually you might have done when you have spare time, subsequently why you don't try point that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love The 21 Basic Rules Of Happiness: BOOK SUMMARY, you are able to enjoy both. It is good combination right, you still desire to miss it? What kind of hang-out type is it? Oh seriously its mind hangout people. What? Still don't get it, oh come on its known as reading friends.

Betty Norsworthy:

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Anna Rangel:

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