

## A Thousand Sisters: My Journey into the Worst Place on Earth to Be a Woman

Lisa J Shannon



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A Thousand Sisters: My Journey into the Worst Place on Earth to Be a Woman Lisa J Shannon Lisa J. Shannon had a good life—a successful business, a fiancé, a home, and security. Then, one day in 2005, an episode of *Oprah* changed all that. The show focused on women in Congo, the worst place on earth to be a woman. She was awakened to the atrocities there—millions dead, women raped and tortured daily, and children dying in shocking numbers. Shannon felt called to do something. And she did. *A Thousand Sisters* is her inspiring memoir. She raised money to sponsor Congolese women, beginning with one solo 30-mile run, and then founded a national organization, Run for Congo Women. The book chronicles her journey to the Congo to meet the women her run sponsored, and shares their incredible stories. What begins as grassroots activism forces Shannon to confront herself and her life, and learn lessons of survival, fear, gratitude, and immense love from the women of Africa.

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