



# **\$5 a Meal College Cookbook: Good Cheap Food for When You Need to Eat**

*Rhonda Lauret Parkinson, B. E. Horton*

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## **Say goodbye to the dining hall!**

Need a break from the monotony of your meal plan? Can't afford to waste money on lukewarm takeout? Well, now you can ditch the dining hall's soggy excuse for the Monday-night special thanks to this appetite-saving book packed with cheap, easy, and delicious recipes.

Offering up more than 300 hassle-free dishes, this cookbook will not only satisfy your hunger but your meager bank account, too! Whether you need a morning-after greasy breakfast, a cram-session snack, or date-night entree, here you'll find ideas for everything you crave, including:

- Western Omelet
- Asian Lettuce Wraps
- Easy Eggplant Parmesan
- Simple Pepper Steak
- Decadent Apple Crisp

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