

An Eight Piece Guide to Peace

Dr. Dorothy B. Gandy



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An Eight Piece Guide to Peace is a book outlining eight pieces that can be used as a guide to help you build and maintain meaningful relationships, whether with your partner, your friends, your family, your coworkers, or those with whom you merely socialize. It discusses areas that we can examine ourselves and others as we seek to better ourselves. These eight categories are physical, spiritual, social, emotional, sexual, intellectual, financial, and moral. You will discover how each of these pieces interconnects to make a well rounded person. Through "fixing" yourself in each of these areas, you will become a more compatible person to those in relationships with you. You should also use these areas to determine if the persons you share relationships are right for you. This book is intended to aid in producing a happier, more confident, and more satisfied you as you discover those inner qualities that make you the person you were created to be.



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