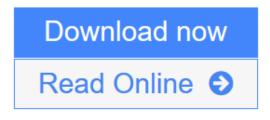


# Low Carb-ing Among Friends Cookbooks: 100% Gluten-free, Low-carb, Atkins-friendly, Wheatfree, Sugar-Free, Recipes, Diet, Cookbook VOL-1

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Low Carb-ing Among Friends Cookbooks: 100% Gluten-free, Low-carb, Atkins-friendly, Wheat-free, Sugar-Free, Recipes, Diet, Cookbook VOL-1 Jennifer Eloff BEST SELLING Author "NATIONAL BEST-SELLER" Low-Carbing Among Friends V1, is the 1st book of the BEST-SELLING SERIES by the World's most famous Low-Carb recipe creators and the #1 LC (GF) team! (1) all recipes are stringently Low-Carb! 100% are Sugar, Wheat & Gluten Free. IMPORTANT: Authors tested all recipes with a variety of Low-Carb sweeteners, BOTH NATURAL & artificial! It's easy to use our cross-substitution info for YOUR FAVORITE SWEETENER (2) It's a collaboration between 11 talented innovative authors, 6 recipe creators, 4 respected Dr's + 2 well-known IC personalities. They're coaches and cheer leaders (3) Each book consist of 5-7 individual cookbooks of around 35-63 recipes each, showcasing the unique talents and recipes of each author bringing an exciting new style of cookbook to the low-carb world, PLUS we have a FRIEND's section of YOUR recipes! This team of 11 experts work together, complementing each other perfectly, contributing advice, recipes and decades of learning, making this book very special for Lowcarbers! All recipes are less than 10gr carbs/serving, most are less than 5gr, from strict Induction to regular low-carbing. It's only partially a Paleo/Primal resource. Some 2/3rds of the recipes are for Meal-times, about 1/3rd are for Breads, Desserts, Baking etc. If you're gluten intolerant, have Celiac disease or prefer to avoid Wheat/Gluten products, you'll be thankful for this enormous resource, for awesome Low-Carb recipes, 100% Wheat & Gluten-free! These recipes are incredibly innovative, Wonderful breakthroughs! It's easy to create low-carb sugar-free recipes, most people have a pretty good handle on that -it's much tougher to also make those recipes wheat-free, gluten-free too, that's very challenging! We support you with websites, blogs, Facebook (many color photos) Podcasts & YouTube. \*\*SPECIAL ORDER COIL BOUND\*\* at AmongFriends.us or BUY regular version here at AMAZON with FREE S&H

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