



Your Body Is Your Subconscious Mind

Candace Pert

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Gain an inside look at the molecular drama being staged within every cell of the human body-and a glimpse into the future of medicine-with *Your Body Is Your Subconscious Mind*. In her groundbreaking research, Dr. Candace Pert-a featured scientist in the film *What the Bleep Do We Know!?*-has unlocked the secret of how emotions literally transform our bodies and create our health. Now, in her own words, this bestselling author and world-class neuroscientist describes her extraordinary search over the past two decades for the grail of the body's inborn intelligence. Building on the material described in her landmark book, *Molecules of Emotion*, Dr. Pert describes how our emotions directly influence the body's production of "information molecules," such as peptides and their receptors that regulate every aspect of human physiology. From the wisdom of the body to the wisdom of the laboratory, *Your Body Is Your Subconscious Mind* takes you on a scientific adventure of the first order, escorted by this pathfinder, iconoclast, and "goddess" of neuroscience.

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